

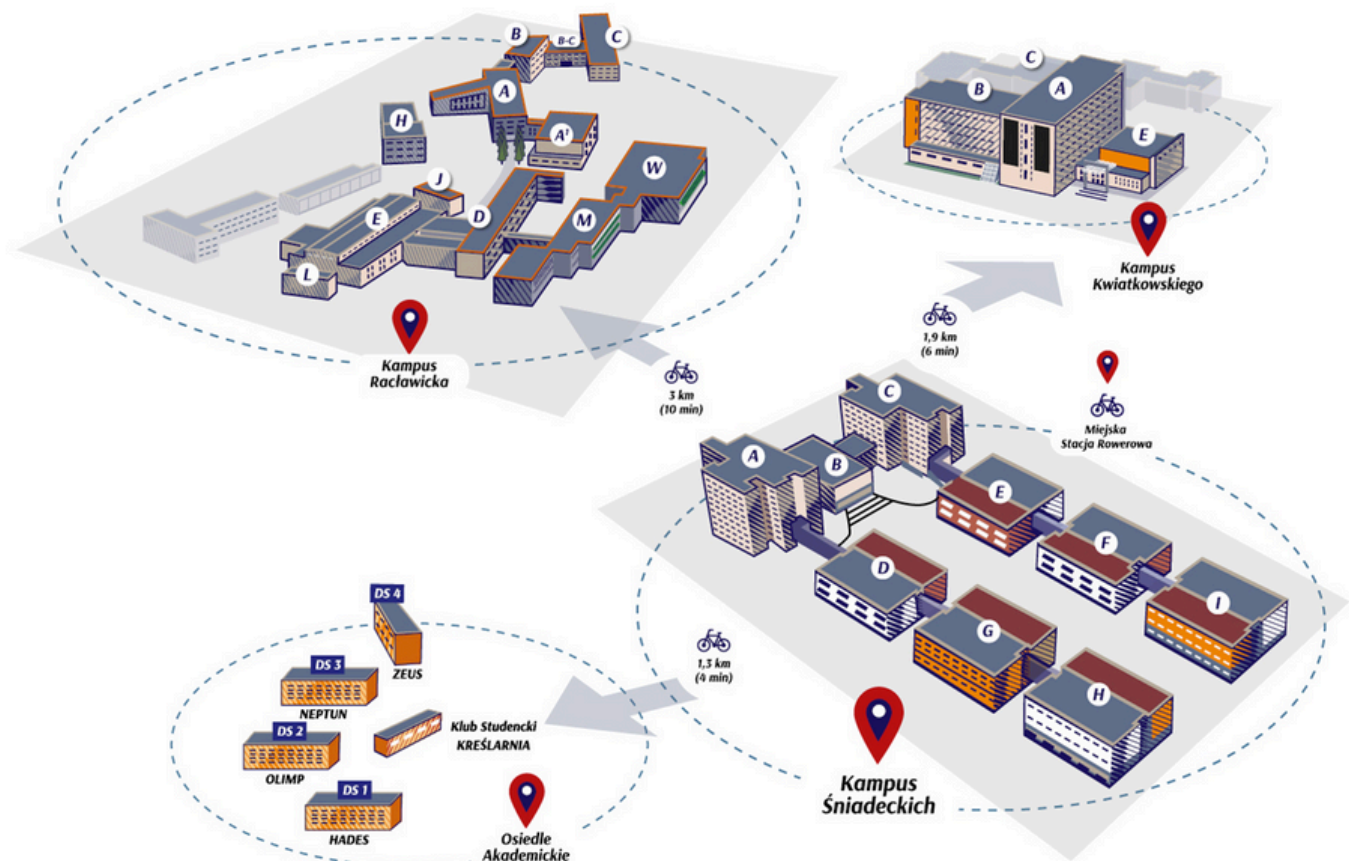
# KOSZALIN AND ITS UNIVERSITY

Koszalin, located near the Baltic Sea in northwestern Poland, is a vibrant mid-sized city known for its welcoming atmosphere, abundant green spaces, and rich historical heritage. First mentioned in the 11th century and granted city rights in 1266, Koszalin has grown from a medieval trading center into a modern cultural and academic hub.

At the core of the city's educational landscape is the Koszalin University of Technology (Politechnika Koszalińska), established in 1968. Initially focused on engineering and technical sciences, the university now offers a broad range of programs spanning economics, humanities, and the arts. It attracts a diverse student body, including international students participating in the Erasmus+ program. The university is committed to fostering innovation, sustainability, and practical skills, making it an ideal environment for academic and personal development while immersing students in Polish culture.

## **Koszalin University of Technology**

The university is divided into three campuses. The first campus is located on Śniadeckich 2 Street and houses the Rector's office, the Faculty of Electronics and Computer Science, the Faculty of Civil Engineering, Environmental and Geodetic Sciences, the Faculty of Mechanical and Energy Engineering, the Faculty of Architecture and Design, and the International Mobility Office. The second campus is situated on Kwiatkowskiego 6E Street, which includes the Faculty of Humanities and the Faculty of Economic Sciences. The third campus is found on Racławicka 15-17 Street, featuring the Faculty of Mechanical and Energy Engineering, the Department of Physical Studies, and the University Sports Association. In close proximity to the Śniadeckich campus is the student residential area, which includes four dormitories and a student club, Kreślarnia.



## Student Life and Activities

The student community at Koszalin University of Technology is lively and well-organized. The Students' Parliament, along with faculty and institute student councils, coordinates numerous regular and special events. Students actively engage in educational projects, charity initiatives, community involvement, research clubs, and sports. They also participate in study trips and practical research activities.

Students can join a variety of organizations tailored to diverse interests, such as the “Dedal” Flying Club, the Student Tourist Organization, the Academic Dance Club, the “Hetman” Chess Club, the University Yacht Club, and the Racing Club. Each faculty and institute also hosts its own research groups, encouraging academic collaboration and innovation.

## Sports and Recreation

Koszalin offers excellent sports facilities through the university, including sports halls and gyms where students can join PE classes or open training sessions. Popular sports include volleyball, basketball, futsal (indoor football), table tennis, badminton, fitness, and aerobics. The university also organizes recreational team tournaments and friendly matches with local and international students.

Beyond campus, Koszalin has many gyms, the most popular choices include:

- **Just GYM:** A modern 24/7 facility with comprehensive workout equipment, fitness classes, and personal trainers.
- **Inferno Gym:** Offers group classes such as Zumba, spinning, yoga, and functional training.
- **Zdrofit:** Well-equipped gym chain with sauna access.
- **FORMA:** Located at Aqua Park, providing group classes and modern training equipment.

For water sports and swimming enthusiasts, Koszalin's **Wodna Dolina (Water Valley)** is a popular outdoor recreation area featuring a summer beach, kayak and paddleboat rentals, a wakeboarding cable park, and nearby jogging and cycling trails. The **Aqua Park Koszalin** offers year-round indoor swimming lanes, jacuzzis, water slides, saunas, and relaxation zones.

Koszalin, while being a completely walkable city, also offers city bikes that can be rented. City bikes can be a fantastic alternative form of transport in Koszalin, which is abundant in cycling paths.

City Bikes station map and regulations: <https://koszalinskirowermiejski.pl>

## Exploring Koszalin

Erasmus+ students and visitors can enjoy the city's peaceful green spaces like the **Park of the Dukes of Pomerania**, perfect for walks and relaxation. Historical landmarks such as the **Koszalin Cathedral (Cathedral of the Immaculate Conception)** and the **City Museum** provide fascinating insights into the city's past. For seaside fun, the Baltic beaches in **Mielno** are just a 15-minute drive away, ideal for summer recreation. Nearby natural attractions like **Jamno Lake** and extensive cycling trails add to the outdoor appeal.

Whether for a semester or a full academic year, Koszalin combines a rich cultural heritage with active student life and ample opportunities for sports, recreation, and exploration, creating a fulfilling and memorable experience.

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